

HOST A TV-TURNOFF AT YOUR SCHOOL

April 24 – April 30, 2006



TV-Turnoff Week is a national health campaign that encourages children and adults to substitute alternative activities for television during a one-week period

TV-TURNOFF IN THE TRIANGLE FEATURES

Organizer Materials at tvto Yahoo! email group
(www.yahogroups.com/tvto)

Helpful Hints

Access to Speakers

Access to Local Activities

Network of Area Volunteers



HOW DOES TVTO WORK?

- Volunteer in your school to organize fun alternative activities for the Week, partner with libraries or sister school in your neighborhood
 - Get your PTA to support and promote the Week
 - Organize incentives, partner with local businesses
 - Have students sign a pledge card
 - Have Fun and Celebrate The Achievement

SIGN UP FOR TV-TURNOFF 2006 TODAY !

CALL 919/601-4073 OR EMAIL AT TVTO@LIMITV.ORG

FOR MORE INFORMATION

WWW.LIMITV.ORG / WWW.TVTURNOFF.ORG